FIRST COPY FREE
ADDITIONAL COPIES 50¢ each TAX INCLUDED

THE PRIDE

CALIFORNIA STATE UNIVERSITY SAN MARCOS

INDEPENDENT STUDENT NEWSPAPER

www.thecsusmpride.com

TUESDAY, SEPTEMBER 30, 2008

VOL. XX NO. 6

A slice of pizza with your politics

American Democracy Project kicks off second annual series this week

BY JONATHAN E. THOMPSON
Pride Staff Writer

Fall 2009 marks Pizza and Politics' second year at CSUSM. American Democracy Project hosts the event with the President's Office as its sponsor. ADP represents 228 public colleges and universities nationwide totaling more than 1.6 million students.

The first Pizza and Politics session takes place on Thursday, Oct. 2 in Commons 206 during University Hour and

See **Pizza**, Page 5

Local tribes offer cultural perspective

BY KATHRYN MCBRAYER
A&E Editor

California State University San Marcos has sustained relationships with many local American Indian tribes in the region. The relationships were established through the interest and commitment of a few people and have evolved into some formal relationships that involve scores of individuals across all divisions and colleges at the University.

An acknowledgment of the California Indians came in 1968 when Governor Ronald Reagan signed a resolution calling for the fourth Friday of each September to be American Indian Day. It was hoped that this acknowledgment would help to inform the general public about Native American heritage and the problems that are confronted by Native American in California.



Photo by Kathryn McBrayer / The Pride

Local tribe members tell stories and perform as the sun sets

See **Tribes**, Page 5

Michelle Obama holds conference call with college reporters

BY TIFFANIE HOANG
Copy Editor

Monday, Sept. 22 – Michelle Obama held a conference call with college reporters across the United States. Mrs. Obama stressed the importance of voter registration and participation as well as touched upon issues concerning young Americans: college tuition, healthcare, global warming, and the war in Iraq.

"Young voters will make a huge difference in this election, so make sure that you're registered to vote. And then tell your friends, classmates, and families to register as well. Show them how easy it is" Michelle Obama said.

The Obama-Biden campaign launched VoteforChange.com last month. The website allows citizens across the country a place to register for the first time, confirm their registration status, and get essential absentee voting information for their state.

Mrs. Obama told college reporters that young voters have the power to change "the world as it is," and "the world as it should be." She also stated "No matter who you're supporting, make your voice heard."

13th annual Oaxacan cultural Festival:

Guelaguetza 2008

For more pictures see page 8



Photo by Nick Strizver / The Pride

Obama v. McCain:
First 2008 Presidential Debate

BY BEN ROFFEE
Managing Editor

PRESIDENTIAL DEBATE

Friday, Sept. 26 — Senators McCain and Obama shared the national stage for 90 minutes their first presidential debate as the nominees of their respective parties. The University of Mississippi hosted the debate with PBS' Newshour anchor Jim Lehrer standing in as moderator.

The economic crisis, which has dominated the nation's attention in recent days, threatened to postpone Friday's debate. Senator McCain suspended his campaign earlier this week to return to Washington and help forge a resolution on the government bailout plan. Senator Obama also participated in talks on the bailout plan in the capitol, but he insisted that the debate continue as scheduled.

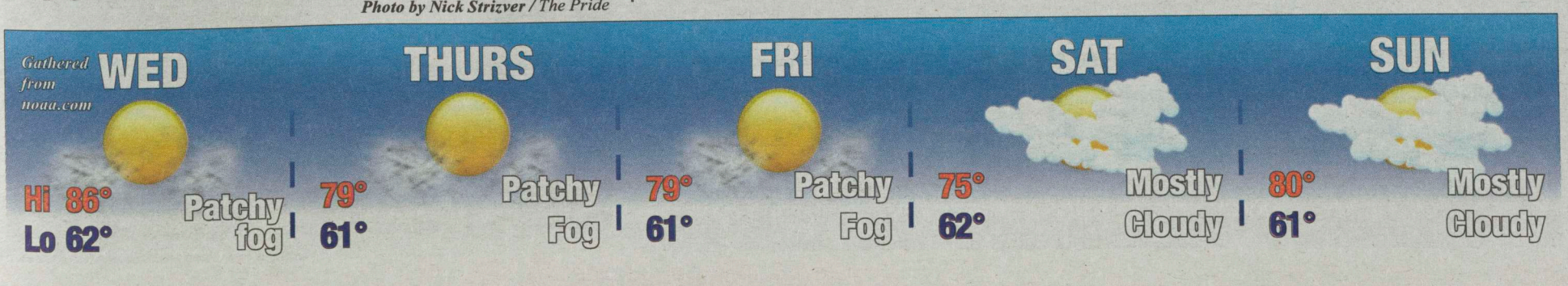
As talks the debate approached and Congress seemed close in on a plan, Senator McCain opted to continue on with the debate. In a statement released the day of the debate, Sept. 26, Senator McCain's camp said, "The McCain campaign is resuming all activities and the Senator will travel to the debate this afternoon."

Though the economic crisis did not delay the debate, it did have a profound impact on what was discussed between the candidates. While originally slated to focus on foreign policy matters, economic crisis stole some of the spotlight at the debate. Moderator Jim Lehrer's first question to the two candidates was about the financial recovery plan and he did not move on to foreign policy until nearly 40 minutes later.

Over the course of the 90 minute debate, the two candidates discussed everything from the proposed bailout plan, tax policy, alternative energy, Iraq, Iran, the Russia/Georgia conflict, meeting with foreign leaders.

One of the most explosive topics between the two candidates was that of meeting with foreign leaders without preconditions. Senator McCain said of the matter ", This is dangerous. It isn't just naive, it's dangerous." Senator Obama, who supports

See **Debate**, Page 5



THE PRIDE

EDITORIAL STAFF

EDITOR IN CHIEF
VIRIDIANA PACHECO-ISAAC

MANAGING EDITOR
BEN M. ROFFEE

NEWS EDITOR
JACKIE CARBAJAL

FEATURES EDITOR
CRYSTAL EVANS

ARTS & ENTERTAINMENT EDITOR
KATHRYN MCBRAYER

OPINION EDITOR
AMY SALISBURY

SPORTS EDITOR & ONLINE MANAGER
TIM MOORE

COPY EDITOR
TIFFANIE HOANG

LAYOUT EDITOR
NICK STRIZVER

ASSISTANT LAYOUT EDITOR
RUDY MARTINEZ

ONLINE EDITOR
JACKIE CARBAJAL

BUSINESS MANAGER & SALES REPRESENTATIVE
KRISTINA LAWLER
PRIDEADS@CSUSM.EDU

DISTRIBUTION MANAGER
NICK STRIZVER

ADVISOR
JOAN ANDERSON

STAFF WRITERS
SANDRA CHALMERS
BILL RHEIN
LANCE ROSENBERGER
JONATHAN E. THOMPSON

All opinions and letters to the editor, published in The Pride, represent the opinions of the author, and do not necessarily represent the views of The Pride, or of California State University San Marcos. Unsigned editorials represent the majority opinion of The Pride editorial board.

Letters to the editor should include an address, telephone number, e-mail and identification. Letters may be edited for grammar and length. Letters should be under 300 words and submitted via electronic mail to pride@csusm.edu, rather than to the individual editors. It is the policy of The Pride not to print anonymous letters.

Display and classified advertising in The Pride should not be construed as the endorsement or investigation of commercial enterprises or ventures. The Pride reserves the right to reject any advertising.

The Pride is published weekly on Tuesdays during the academic year. Distribution includes all of CSUSM campus.

The Pride
Cal State San Marcos
333 S. Twin Oaks Valley Road
San Marcos, CA 92096-0001
Phone: (760) 750-6099
Fax: (760) 750-3345
Email: pride@csusm.edu
http://www.thecsusmpride.com
Advertising Email:
pride_ads@csusm.edu

Editorial Impacted classes

The first few weeks of any semester brings along its own stressors. For students lucky enough to register for all the courses they needed back in April or May, the transition from summer to semester could have very well gone on off without a hitch. Many other students were not so fortunate.

For a sophomore student given the lowest priority finishing up lower division course requirements could prove problematic. Consider the Marketing major applying into the College of Business for their junior year that needs to complete their requirements to get accepted.

If the problem at CSUSM were only comprised of a small handful of unfortunates, the crash course approach would facilitate that need just fine. During the first two weeks of school, the campus offers an add/drop period. A crasher typically attends their desired course and, at the discretion of the professor, is added into the course without an issue.

The real picture paints a different scenario on this ever-growing campus.

Over fifteen students attempting to crash a desired course are turned away because the classroom is over capacity before the first day of class. Students enrolled in courses are forced to sit on the floor because crashers have taken up residence in the limited seats. Students are stuck with nine units as opposed to their desired twelve units. Faculty are overexerted after allowing more students into an already full course.

Let's backtrack to a month ago—the first week of the semester and recount the multiple stresses and magnitudes of hurdles not only students but staff and faculty had to endure as the community collectively adjusted, or attempted to adjust, to the multitude of campus changes. While a whole summer was set aside to iron out the kinks and loose ends People Soft and e-mail upgrades created, the fall semester approached more quickly than possibly anticipated.

The end result?

More and more students could not enroll in the courses they needed before the start of the semester.

The solution is simple. Offer more classes for the courses that are of high demand. Right?

Wrong.

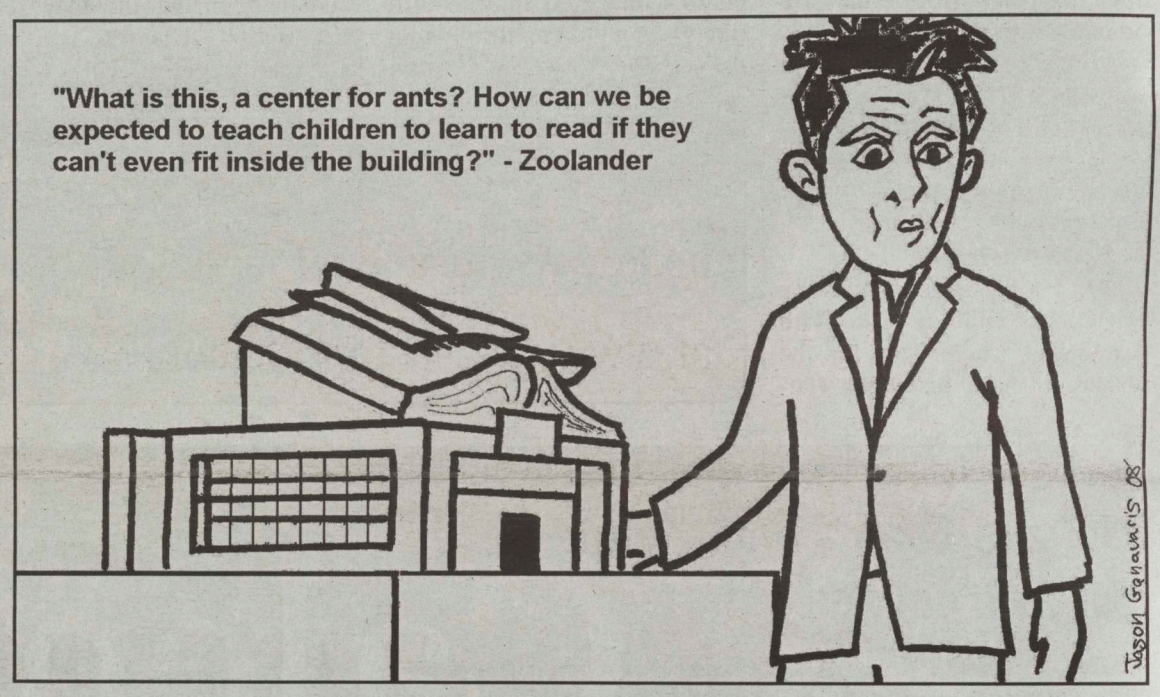
Although the prospect of more options when it comes time to schedule planning sounds possible, it will probably and likely do little to eliminate the issue.

Each and every student at California State University San Marcos made the decision to attend this campus in a committed relationship for better or for worse. Belonging to a fairly new campus gives the community the opportunity to make a lasting effect on the university for future generations. New technology and state of the art buildings are also perks. As a growing campus, students also benefit from belonging to a smaller community and are offered more one on one time with faculty. At the other end of the spectrum, students also have to accept that high parking permit prices are directly correlated with the youth of the campus. While the number of students in attendance is considerably growing, the numbers are still not high enough to hyperextend the departments by offering multiple courses for the fifteen or so students that could not get in. Simply put, for the courses that offer one class out there, most are over capacity or end up turning students away each semester but these courses are not so in demand that there are enough students to fill two of the same course.

That is the logical answer, at least.

Budget cuts and a heightened registration software are also likely culprits.

As CSUSM approaches its twentieth birthday, the "for the greater good" outlook seems to be the most difficult to swallow. The campus is transitioning but those caught in the transfer must bite the bullet, so to speak and cross their fingers when their professor draws names out of a hat to determine who stays and who goes.



By Jason Ganavaris

Bill of Rights

Seeing Saw Annual twists and turns

BY BILL RHEIN
Pride Staff Writer



This fall, moviegoers will once again have the opportunity for disgust by another installment in the *Saw* film series. Since 2004, the Lions Gate film studio produced yearly shocking horror films about a psychopath who challenges people in painful life-or-death 'games'.

Critics debate the quality and the societal values challenged by these films, but the most intriguing question concerns the appeal of these movies.

One might wonder why people want to see the grotesque images portrayed and the numbing fear in *Saw*. There are several answers to this question based on who is viewing the movie.

First, *Saw* and *Saw II* provided an intriguing killer and motive. In classic and traditional horror movies, the killer is often a masked figure killing based on a personal agenda, which is usually revenge.

In *Saw*, the viewer knows the killer. It is not only the character Jigsaw, but also the victim. In the first two movies, and diminishingly in the later flicks, the audience imagines being in the victims shoes and wonders what they would do. The killer is actually the victim who fails to complete the brutal challenge.

This is not the only twisted element. The mastermind Jigsaw is not out to kill people, but to have them painfully realize the flaws in there life. His justification is questionable, yet unique.

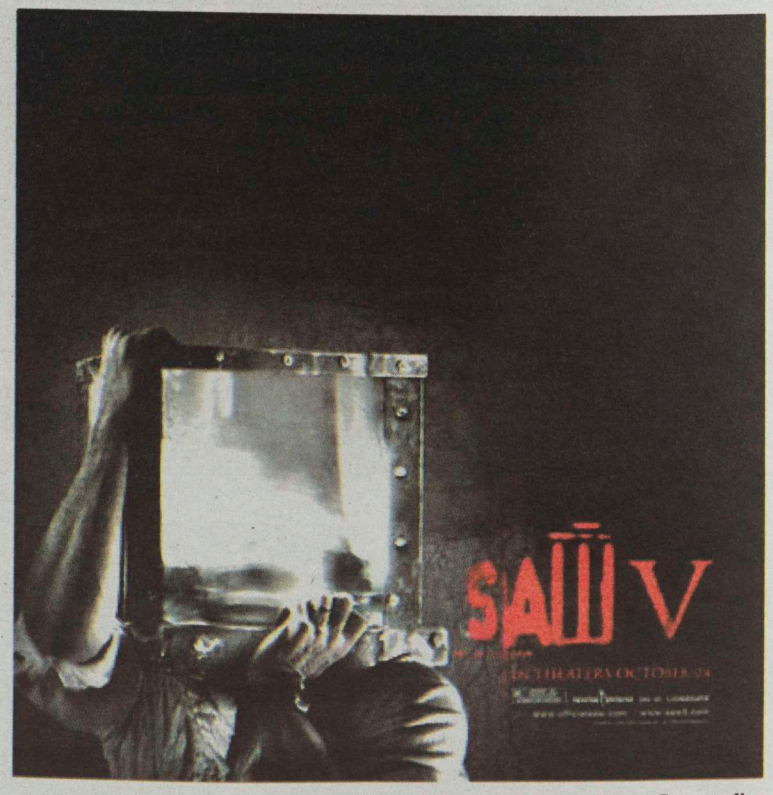
Another appealing element is the actually shock and awe of the "games" played. The characters in the film must partake in vicious tasks to save their life. Viewers become numb to the violence and come to see what sickening ways a character will have to sacrifice their body to save their life.

Similarly, those who have seen the previous movies might just see the movie only to find out what happens next. The desire to complete the story can outweigh outside factors such as thinning quality and disgust with the gore.

Putting a reason on why viewers subject themselves to this is difficult, but what is not hard is to find a reason why the producers make these movies. Like any other business, the answer is money.

Saw, like most horror movies, require a small budget and the name it has created ensures box office success, regardless of quality.

According to Lions Gate studios, 2009 will bring *Saw VI*, so there seems to be no end in sight for when they will stop milking this battered cow.



Images retreived from Lions Gate studios

Unkind? Chargers' short season looking grim

BY BRIAN MANN
Pride Staff Writer

Upon entering this football season, the San Diego Chargers looked like one of the best teams in the National Football League.

They were coming off an AFC Championship Game appearance, in relatively good health, and loaded with talent. Some nationally respected publications even predicted a trip to the Super Bowl.

Now, with two losses in their first two games, things have changed a bit.

It's too early to write them off of course, as they still have some things going for them However, they've been hit with the sort of unlucky breaks that they just can't afford if they are to make it to the Big Game.

At this early juncture, there are three primary factors that have contributed to their disappointing start: Poor defense, injuries, and bad luck.

1) Poor defense

This is the most concerning as it has the least to do with any poor fortune. Thus far, the Chargers have just been flat-out bad on defense.

They have failed to rush the opposing quarterback with any consistency, which in turn has hurt their pass defense, which currently ranks 31st out of 32 teams in the NFL, according to the North County Times. In total defense, they rank 30th out of 32—ouch.

Simply put, that is not going to cut it for a team with championship aspirations.

2) Injuries

One of their best players, linebacker Shawne Merriman, is out for the season due to recent surgery for torn knee ligaments after he initially tried to play through the injury.

Veterans Jamal Williams and Clinton Hart are hurt and playing, but their injuries will likely affect them throughout the season.

On offense, the once incredibly durable LaDainian Tomlinson has shown either some signs of wear and tear or he, much like the team, has just been unlucky. In any event, a toe sprain incurred in the season's first game put the brakes on him early. This follows up the final game of last year, when he injured his knee against the New England Patriots in the AFC Championship Game.

In addition to Tomlinson, two starting offensive linemen, center Nick Hardwick and left tackle Marcus McNeill, battle surgery recovery and a neck injury, respectively.

Also, tight end Antonio Gates, though playing solid, still suffers from a toe injury sustained during the playoffs last season. Clearly, this is a team struggling with their health.

3) Bad Luck

How else to explain some of the wacky things that have happened to them?

In each of their first two games, they have lost by one point. The real kicker is what happened to them against the Denver Broncos.

At the beginning of the game, the Chargers challenged a call that was unfavorable to them. The referees went to the replay booth to review the play and likely correct what appeared to be a bad call, only the replay system wasn't working, thus they could see nothing. They had to stick with the original call.

Then, at the end of the game, the Chargers recovered what was an obvious fumble, only to have it called incorrectly, reviewed by the referees, then still not be rewarded with the ball, which, in effect, would have ensured a win.

What are the odds of having both of these rare occurrences happen in the same game to the same team?

Regardless, the Chargers have not had luck on their side so far.

I will admit that it is extremely early and the season could turn out great for the Chargers. They have quite a few talented players and their schedule looks favorable.

Still, many things have to go their way for them to fulfill the hype they came into the season with.

Will the ball bounce the Chargers' way this season? Only time will tell, but the early returns are not promising.

Have an opinion you want to have heard? Write a letter to the Editor at www.thecsusmpride.com

Classifieds

Paper due? Dictate your paper. Let Kay take care of spelling, grammar and typing. Quick service - affordable rates. www.ICanHelpOnline.net to see how.

PRIDE Sep 30

Calendar of Events

Tuesday, September 30

Campus tour & information session: 10:00 AM - 11:30 AM Craven Hall 3701

Priority Christian Challenge group meet: 12:00 PM - 01:00 PM University Hall 100

ASI Alternative Spring Break info session: 12:00 PM - 01:00 PM Markstein Hall 102

Hip-hop/African dance: 04:00 PM - 05:00 PM Arts Hall 101

Wednesday, October 1

Priority Christian Challenge group meet: 04:30 PM - 08:00 PM Craven Hall 3701

ASI club sport practice: 07:00 PM - 09:50 PM Clarke 130

Thursday, October 2

Blood drive: 10:00 AM - 03:30 PM Campus Way Circle

Declining by degrees: 11:30 AM - 01:00 PM Craven Hall 3701

Pizza & Politics: 12:00 PM - 01:00 PM Commons 206

University outreach meeting: 02:00 PM - 04:00 PM Craven Hall 3300D

Friday, October 3

Sierra Vista High School group: 09:00 AM - 11:50 AM University Hall 272

Borrego Springs Middle School: 09:00 AM - 12:00 PM Academic Hall 102

Asi Men's Intramural Basketball: 12:00 PM - 03:00 PM Clarke 130

Monday, October 6

Campus Tour & Information Session: 10:00 AM - 11:30 AM Craven Hall 3701

October 2008

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

(Email event submissions to csusmpride@gmail.com ATTN: Calendar of Events)

High fructose corn syrup
Truly a sweet surprise?

BY SANDRA CHALMERS
Pride Staff Writer

When we think about high-fructose corn syrup, many of us recognize it as a harmful additive that always finds it way into the ingredient list of almost anything in the grocery store. But now, new commercials are beginning to show a supposedly different side of what high-fructose corn syrup can really affect in our health.

A lovely picnic, on a breezy summer day, when a young woman offers her boyfriend a Popsicle, hesitating to take a bite, the boyfriend stutters to mention the perceived rumors of the harmful health effects of high-fructose corn syrup. Her response, "(the sweetener) is made from corn, has no artificial ingredients and is fine in moderation.î

The new commercial, sponsored by the Corn Refiners Association, is trying to restore the beaten up reputation of high-fructose corn syrup.

The perceived rumors were that high-fructose corn syrup is one of the main contributors to the growing obesity problem in our nation today. This sweetener is used in everything from bread to cereals, but its primary purpose serves to sweeten soda beverages.

High-fructose corn syrup is also used as a preservative to keep food moist and fresh, not just as a sweetener. This multi-tasking can be dangerous to our health, it is claimed to be safe in moderation, but if it is a prime ingredient in almost everything we consume, how can it truly be a safe for our health?

Animal testing has shown that a diet of large quantities of sugar intake can lead to vital organ damage, such as liver damage, kidney failure, and Diabetes, according to the USDA investigator Dr. Meria Field.

So what are we lead to believe now? Apparently the tables have turned, and with the bad labels that high-fructose corn syrup now carries, they have now decided to shed the rumors and develop a campaign that will set the record straight.

The Corn Refiners Association has begun numerous attempts to gain votes that now, high-fructose corn syrup is safe and not a hazard to our health. This commercial is one giant attempt to safe guard its name in the public's eye. Though nothing has changed in the reports of obesity in America, the American Medical Associations (AMA) is now declaring that high-fructose corn syrup is not the main culprit in the cause for growing obesity cases in America.

The American Medical Association (AMA) recently concluded, "High fructose corn syrup does not appear to contribute to obesity more than other caloric sweeteners."

As critical thinkers, we cannot point the finger at one ingredient to be the cause of the obesity epidemic, but we can make wise decisions in our consumption.

Though high-fructose corn syrup is derived from corn, and doesn't carry any artificial ingredients, calling it "natural" would be misleading the public. Because through the process in which it becomes syrup, the corn's chemical composition is significantly changed.

So, is the truth about high-fructose corn syrup truly a sweet surprise? Not any sweeter than as it started.

America's Second Crisis of Confidence:
Where to from here?

BY BILL RHEIN
Pride Staff Writer

The consensus of the American people at this time is that events at home and abroad have made the nation unsure of where we are going and how strong we are. However, this is not the first time.

On July 15, 1979, President Jimmy Carter delivered his famous "Malaise" speech. During his time as president, the nation faced an energy crisis, and he responded to it. In the speech, he took into account the words of authorities he previously spoke with at Camp David and ordinary citizens he met with.

The "Malaise" speech not only addressed the energy crisis, but also dug deep into the issues, such as the Vietnam War, Watergate, and inflation, that plagued America. At present, his words still have meaning. If America is not worried about financial fallout, it is worried about oil prices. If it was not that, it was the war in the Middle East or value of the presidency.

Carter coined the phrase, "crisis of confidence." In the late 1970's, America not only had to deal with concrete problems, but the abstract thoughts that the nation was weakening from the inside out. The defeated feeling has risen once again.

Apathy and fear have spread over the nation due to the war, the environment, and the dollar. Now the real problem is restoring the belief in the people that the nation is still strong. Not only can people recognize the themes of Carter's speech but also America can utilize his exact words.

Carter stated, "For the first time in the history of our country a majority of our people believe that the next five years will be worse than the past five years." However, this is contradictory to the ideals that founded our nation. We are a nation of progress.

The parallels to this previous crisis are so close to what America presently faces it is frightening. Yet, there is still hope. This nation survived those troubling times and it can do it again.

One of Carter's Camp David guests gives the perfect solution to this problem saying, "We've got to stop crying and start sweating, stop talking and start walking, stop cursing and start praying. The strength we need will not come from the White House, but from every house in America."

Now, we have the chance to reverse these problems before it is too late. This nation can resolve the war, oil crisis, financial worries, environmental concerns, and all else that ails us if we choose to stand up to these issues.

Though the problems see overwhelming, America still has a chance to avoid the crisis that could lead to depression. Now is not the time for self-interest and seclusion. Citizens must practice charity and goodwill, because America can only move forward together.

When people help the less fortunate and work together this nation can continue to progress and once again believe in our strength and ability to make a better future for the rest of world.

Visit The Pride ONLINE

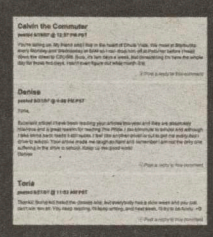
THE CSUSM PRIDE .com

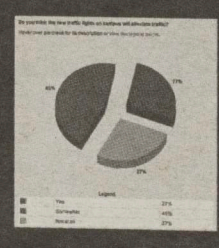
Be notified of breaking news

Receive the email edition



Comment on stories





Student Polls

www.thecsusmpride.com

From **PIZZA, page 1**

offers pizza to the first 35 attendees. The one-hour discussion focuses on the 2008 election. More specifically, the event plans to focus on the economy's prominence in the election.

"Pizza and Politics encourages young adults to have healthy discussions about politics," said senior Business major Kyle McClellan.

"I think the program is a good idea," added senior Business major Chris Choi.

Pizza and Politics intends to create a sense of community on campus, stimulate a respectful dialogue on important issues of interest to the campus community, promote a diversity of perspectives on important issues, increase knowledge about the subject of election issues, and increase civic engagement on campus and with the larger community.

"One thing we all need to learn to do is really listen to others, especially those that disagree. We might find that we have more common ground and common interests than we realize," said ADP Director and Professor Pamela Stricker.

Prior to events, Stricker asks students to read a selected article at www.csusm.edu/adp. The article's content presents students a chance to become aware with the topic slated for discussion. The website also contains more information regarding upcoming events. Students at CSUSM chose upcoming Pizza and Politics subjects last semester.

"It is important to note that if we do disagree, we should try to do so in the most respectful way possible," said Stricker.

From **TRIBES, page 1**

For years, the California tribes celebrated the fourth Friday of September by renewing their ties to the Earth and keeping alive the ways of their ancestors. It was in 1998 when the California Legislature passed Assembly Bill No. 1953 (Baca), establishing the day as an official state holiday. Today, people of all ages celebrate California Native American Day by learning more about the culture, heritage and traditions of the California Indian.>>

The Dancing Cloud Drummers began the ceremony as the sun started to set over Library Plaza on Tuesday, Sep 23. The group performed as part of a series planned last week to celebrate the California Indian Days. The intertribal group presented along with Pow Wow Comedy Jam, a basket weaving demonstration, and speeches by Mike Wilden and Teodora Cuero.

The lead drummer Steve Mojado of the Luiseno tribe opened the ceremony with a blessing of tobacco and the burning of sage. Each of the musicians passed the sage around to each other and to the audience before the drumming and singing began.

The men sat around a large drum stretched with buffalo hide and began to beat in unison. Mojado began the chant with the other singers joining. In between songs the singers answered questions about Native American ceremonies, drumming, and religion.

Ruben Miranda of the Luiseno Tribe, is the second most experienced member of the group followed by Hercules Estrada of the Apache tribe and Jared Manga of the Comanche tribe.

"The drum is called The Healer and is in the center of the circle representing the circle of life," Mojado said.

The deep beats accompanying the standard rhythm of the song represent the prayers going up. Pictures were placed around the drum of people and objects that are special to the group, "to remember them and give strength."

Mojado explained that they "sing a lot of songs for solders and children," and dedicated a song to the kids in the audience about "Mickey, Minnie Mouse and Pluto too."

As the kids identified the familiar characters smiles spread across their faces and drummer, Hercules Estrada remarked, "as long as they are smiling."

The songs progressed and Mojado told the students, faculty, and families in attendance a story of the Grass Dances and Ribbon Dances in the American prairies and answered questions about Native culture.

From **DEBATE, page 1**

meeting without preconditions, responded by saying ", When we talk about preconditions...the idea is that we do not expect to solve every problem before we initiate talks."

Senators Obama and McCain sparred throughout the evening, challenging each others records and statements with little restraint. As the night progressed however, it became clear that neither candidate had delivered a decisive blow to the other.

Following the debates, much of the media has coalesced on the outcome of the debate as a tie. The two candidates successfully played to their advantages with Senator Obama garnering more support on economic issues and Senator McCain on foreign policy issues. On which candidate "would make the right decisions about Iraq" it was 56% for Senator McCain and 48% for Senator Obama. 66% of viewers thought Senator Obama would "make the right decisions about the economy", 42% said the same about Senator McCain.

Despite the press calling the debate a tie, polls indicate that Senator Obama emerged as the winner to viewers and voters. A CNN poll taken immediately after the debates found that 51% of viewers saw Senator Obama winning the debate while 38% thought Senator McCain to be the victor. Similarly, a USA Today/ Gallup poll also found Senator Obama winning 46% to Senator McCain's 34%. CBS conducted a survey on uncommitted voters after the debate and found that 39% thought Obama won the debate, compared to 24% for Senator McCain.

Though there is still debate over who was the winner of Friday's debate, Senator Obama has strengthened his lead in the national polls. Gallup, Rasmussen, Los Angeles Times/ Bloomberg, CBS, CNN, and several others report Obama has widened his lead by several points.

Senator Joe Biden and Governor Sarah Palin will meet this coming Thursday, Oct. 2 for the first and only vice-presidential debate of the election. Senators McCain and Obama will meet next in Nashville, TN on Oct. 7 for a town-hall style discussion moderated by Tom Brokaw.

Police Beat - September 30

9/10/08 12:45 p.m. - Minor injury traffic collision—Vehicle collided with bicyclist on 300 Block Campus View Drive. Driver headed northbound exiting Chavez Circle. While he applied the brakes, his foot slipped causing his car to collide with bicyclist in front of him at a slow speed. Other than pain in the ankle, the victim reported no significant injuries. Driver found to be most at fault.

9/11/08 - Property Damage Hit & Run—Victim parked 1966 pink Chevy pick-up in Lot C at 8:40 a.m. and returned at 1:45 p.m. Found damage to front passenger side of grill area. Pink paint chips located on ground underneath damaged portion of front bumper. Anyone with information can make an anonymous report to Crime Stoppers; rewards offered for information leading to conviction.

9/11/08 - Property Damage Hit & Run—Victim in Lot F exiting when vehicle back out and collided with him. Unidentified female got out of car, examined damage, and then fled the scene. Victim attempted to locate suspect but was unable to get license plate number. UPD was contacted. Suspect described as slim Hispanic female, 19-20 years old, dark hair in pony tail wearing a pink spaghetti strapped top. Suspect was driving a light blue 1990s vehicle, possibly an Oldsmobile or Buick, four-door sedan. The damage to the truck ranged approximately three feet in length from front passenger door to rear passenger quarter panel. Anyone with information can make an anonymous report to Crime Stoppers; rewards offered for information leading to conviction.

9/11/08 6:00 p.m.—7:30 p.m. - Traffic Collision—A father was teaching his fifteen year old daughter to drive in Lot B. While going westbound in the lower portion of the lot, the driver went to apply the brakes but hit the gas instead causing her to lose control. Vehicle sped across the soccer field, penetrating the east pedestrian gate and crashing into the west fence link on the other end of the field. The driver did not have a learner's permit. No citations were issued. The University is seeking damages and the case was turned over to Risk Management.

9/11/08 11:00 p.m. - Drunk in public—Officers in Chavez Circle noticed a group of students dropped off bus from Inferno Night Club. Students were huddled around 21 year old student, Alexander Wild. Wild had been drinking with residents at the UVA and at Inferno and was not responsive. Paramedics were called and Wild was transported to hospital for possible alcohol poisoning. Case referred to Dean of Students.

9/12/08 2:00 a.m. - Driving under the influence—Officer stopped non-student 18 year old Steven Kassler at 300 Block of South Twin Oaks Valley Road for several moving violations. Driver showed objective signs of alcohol consumption. Field coordination test concluded and Kasslet was cited for infraction of driving with a Blood Alcohol Content of greater than .05 percent and being in possession of alcohol. He was cited and released to parents.

9/14/08 5:55 p.m. - Traffic collision—Officer patrolling came across a traffic collision at Palm Canyon and Craven Road intersection. Driver was headed south bound on Palm Canyon when he began feeling sick. He leaned out the window and lost control of the vehicle. Vehicle collided with speed limit sign and nearby street post. Driver was evaluated and not found to be under the influence but was unlicensed. No citations were issued but case was referred to District Attorney.

9/15/08 - Petty theft—Occurred on 9/11 between 7:00 a.m. and 2:15 p.m. Unknown suspect removed Fall semester parking permit from interior of Honda in Lot C.

9/15/08 11:00—11:20 a.m. - Petty theft—Parking permit stolen from vehicle in Lot F.

9/16/08 11:36 p.m. - Drug possession—Officers responded to a reported call for suspicious activity on Barham Hill and found two of the four males at the scene to be in possession of less than one ounce of marijuana. Students Jonathan Lighthill and Daniel Nagel were arrested for possession. Both were issued citations and released on promise to appear in court.

9/18/08 10:50 a.m. - Drug possession—Staff member at the UVA turned in small amount of marijuana recovered from facility. UPD confiscated marijuana for destruction.

9/18/08 10:44 p.m. - Officer in Chavez Circle headed northbound stopped vehicle for equipment violations (registration and no front plate license). Student Chris Capeau provided his brother's name as his own and was arrested on felony charges for false personating to make another libel. Capeau was booked into jail and the case was submitted to the DA.

9/19/08 - Theft—Victim reports than on 9/15 she left wallet and purse in her bedroom at the UVA at 12 p.m. When she returned at 10 p.m., she noticed $200 missing from her purse. No suspects reported. Anyone with information can make an anonymous report to Crime Stoppers; rewards offered for information leading to conviction.

9/21/08 12:31 a.m. - Traffic violation—Officer patrolling Twin Oaks stopped vehicle driving erratically. Minor driver was found to be unlicensed and released to his father with citations.

9/22/08 1:06 a.m. - Drunk in public—UPD found vehicle suspiciously stopped at 200 Block Enterprise Street. Student Adam Glavinic was found visibly intoxicated and booked into jail.



WonderHowTo.com
Videos to learn virtually anything

BY AMY SALISBURY
Opinion Editor

Do you need to figure out how to eliminate color casts with Photoshop? Has curiosity overcome your senses?

If this is the case, bypass YouTube and head straight for wonderhowto.com, the Web site with the largest how-to video library on the internet.

As of March 2008, wonderhowto.com hosts more than 100,000 videos from legitimate sources whose objective is to effectively instruct.

WonderHowTo's 36 categories span virtually every subject, from Beauty and Style to Disaster Preparation.

Stephen Chao, co-founder and CEO of WonderHowTo, determines that "[their] strategy for continued growth is to empower our intellectually-curious community to spider the web for great, juicy, sharable how-to videos."

Videos can be posted either by members of the site or non-members, however, the Web site does not take all videos. A team of "non-computers" sorts through submissions to review each video before any are posted to the Web site.

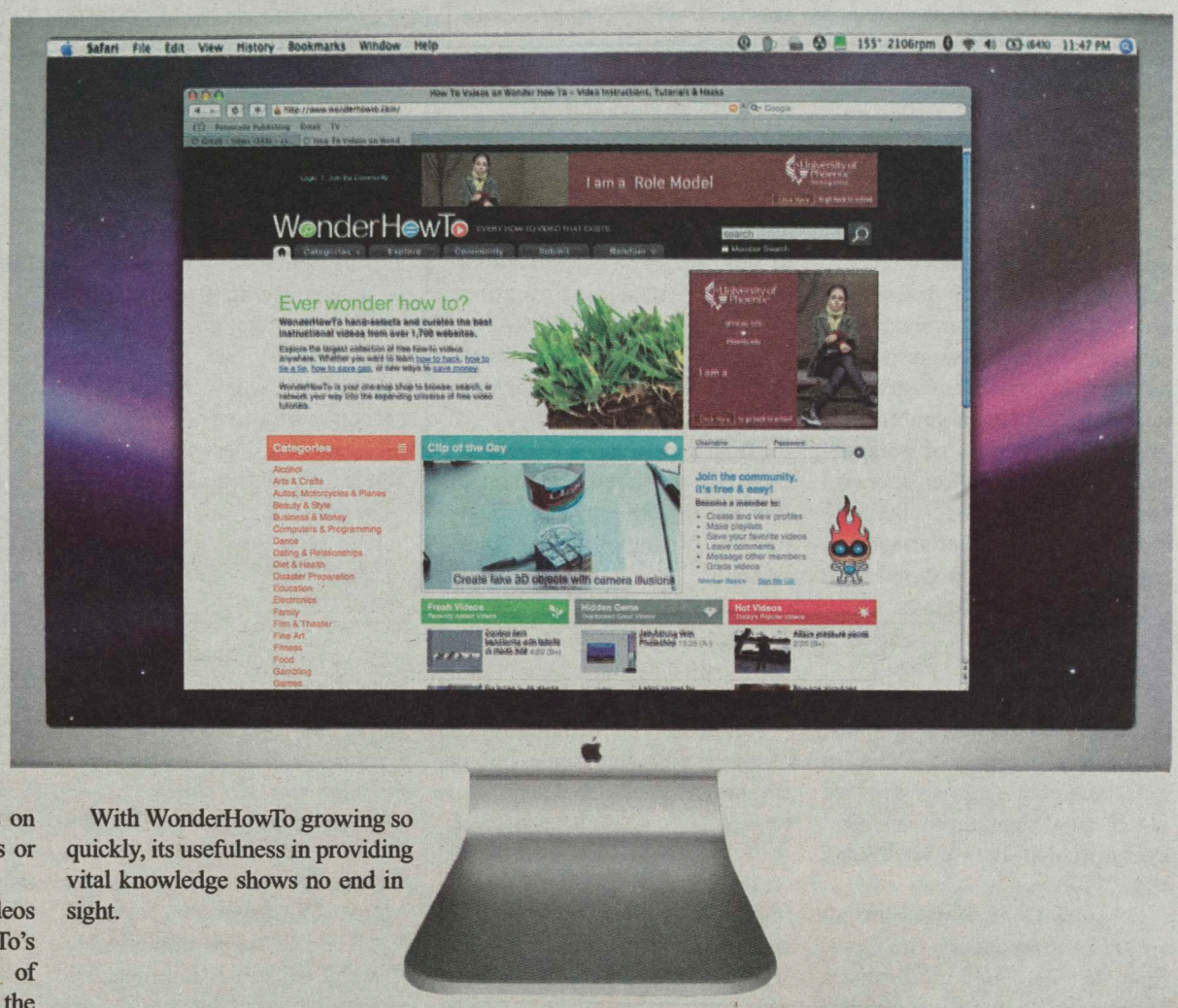
WonderHowTo not only provides a multitude of instructional information, but it also specializes in exposing falsities in other how-to Web sites.

The majority of videos are from everyday people that find unmarked how-to's independent from databases. Then, the videos enter WonderHowTo's ever-expanding database via URL.

Indeed, several submissions come from college and film students, but the company is careful to avoid advertising attempts.

WonderHowTo also creates original videos in their videolog called WonderWeekly. Headquarters writes and directs pieces that range from additional how-to's to features on the community's video makers or contributors.

Just last week, 3,498 videos became part of WonderHowTo's arsenal of information, one of which explains how to beat the pump and increase a car's fuel efficiency.



With WonderHowTo growing so quickly, its usefulness in providing vital knowledge shows no end in sight.

10 best Coffee Houses
The best places to hang out and get some great drinks and food

BY SANDRA CHALMERS
Pride Staff Writer

Coffee houses are a pleasant escape from a studentís busy life. When roommates are loud, parents are nagging and someone just stole your favorite spot in the library, coffee houses become vital.

Offering free wireless internet, sinful desserts and a plethora of plush seating, these coffee houses are now much more than a quick caffeine pit stop. They are rapidly growing in popularity to become must have linger spots.

Every one of these coffee shops provides free wireless internet, a great study environment, and good eats to make the academic struggles less worrisome. Many are open by 7 a.m. every morning and close no earlier than 9p.m. every night.

The Old California Coffee House located on restaurant row in San Marcos has a charming atmosphere with vintage furniture and fire pits outside.

Its menu offers a full range of breakfasts, sandwiches and wraps all made fresh to order. It is also one of the only coffee houses that offer vegan and vegetarian food options.

According to its mission statement, ìGoals include being a haven from the sterile, cookie-cutter atmosphere of corporate coffee houses and offer a respite from the hectic frenzied pace of life,î which it does quite well.

On a more cultural side, Vinaka Café in Carlsbad is a Fijian Island themed coffee house. Their slogan is ìEvery dayís a Vacation.î Its atmosphere is described in its name, Vinaka is the Fijian word for ìPerfect.î This coffee shop has indoor and outdoor seating and the vibe is so relaxed students donít feel rushed or out of place if the minutes turn to hours during their stay.

Another top coffee house is the Pannikan. In the heart of the Flower Hill Mall in Del Mar, the Pannikan is full of charming character. It has old wooden floors, a sunlit balcony and an adjoining bookstore, The Book Works. This coffee house most definitely relaxes and inspires.

Lestatís coffee shop in Normal Heights is open 24 hours a day and can be considered a mini venue as it features live entertainment nightly, according to their Web site calendar. This coffee house is a lively one at that, and attracts a variety of people, businessmen, grandmothers with their Poodles and yes, students.

Sure, drive-thru coffee shops are convenient, but these top 10 coffee houses invitingly captivate coffee lovers to grab a newspaper and leisurely enjoy a drink.

1.**Old California Coffee House**
1080 San Marcos, CA 92078
Oldcalcoffee.com

2.**Lollicup**
119 E. Grand Ave
Escondido, CA 92025
Lollicup.com

3.**Vinaka Café**
300 Carlsbad Village Dr.
Carlsbad, CA 92008

4.**Pannikin Delmar**
2670 Via de la Valle
Del Mar, CA 92014

5.**The Coffee Bean and Tea Leaf**
1207 Carmel Mountain Rd.
San Diego, CA 92128

6.**Lestatís**
3343 Adams Ave
San Diego, CA 92116

7. **The Blue Mug**
122 S. Kalmia St.
Escondido, CA 92025

8. **Claire de Lune Coffee Lounge**
2906 University Ave
San Diego, CA 92104

9.**E Street Café**
128 W E Street
Encinitas, CA 92024

10. **Metaphor Café**
189 S Juniper St
Escondido, CA 92025

A program for American Indian families and children
Tribal TANF
Temporary Assistance for Needy Families
You can receive:
Cash Assistance
Educational Development
Career Development
Child Care Stipend
Transportation Assistance
K-12 Clothing Allowance
If you're struggling to pay for school and support your family, then you should call the nearest Tribal TANF office!
San Diego 1-866-913-3725
Escondido 1-866-428-0901
Empowering Native American families and guardians

On this day...

September 30, 1955
Actor James Dean dies at the age of 24 in an automobile accident in California, having starred in only three motion pictures.

October 1, 1964
The Free Speech Movement was launched at the University of California, Berkeley.

October 2, 1985
The AIDS crisis gains widespread public attention following the death of American actor Rock Hudson, the first celebrity to publicly announce that he had AIDS.

October 3, 1922
Rebecca L. Felton, a Democrat, became the first female senator in U.S. history when she was appointed to the Senate by Governor Thomas W. Hardwick of Georgia to serve out the remaining term of Thomas E. Watson.

October 4, 1957
The Soviet Union inaugurates the "Space Age" with its launch of Sputnik, the world's first artificial satellite.

October 5, 1962
The Beatles released their first hit, "Love Me Do," in Britain.

Sourced from on-this-day.com, reference.com, and history.com

Ask the Sexperts

BY CRYSTAL EVANS
Pride Staff Writer

Student Health & Counseling Services began a new series titled Ask the SEXperts that will be held throughout the school year. Each lecture in the series will address a different topic related to sex and sexuality, from the different contraceptive methods to exploring one's own sexuality to different toys that can be used to enhance sexual activity.

"We want to educate students about their own sexuality," Health Educator Cathy Nguyen said. "We want them to become SEXperts themselves and be more knowledgeable about sex."

The first lecture in the series was on different contraceptive methods and STD protection for use by both men and women. "I thought it was very useful information," student Salud Meza said. "It helps if you don't have experience with contraceptives and if you have doubts about what you're doing. They are health educators so we know the information they're giving us is true, it's the facts."

The main focus of the lecture was on teaching students the proper way to use contraceptives and barriers to keep students from having unwanted pregnancies and also to prevent getting and spreading sexually transmitted infections.

"People have been lulled into a false sense of security," Nurse Practitioner Kathleen Blattner said. "Their partner will tell them they've been tested and are clean so they think they won't get anything. The bottom line is condoms, condoms, condoms. A lot of patients come in sad and angry that they've gotten an STD but the guy probably doesn't what he has."

Blattner said that sexually active students who want to protect themselves should always use condoms in addition to another form of birth control. As condoms are the most effective way to prevent the spread of disease and birth control not 100 percent effective.

Even though many people are not taking appropriate steps to protect themselves and their partners, Blattner said she is encouraged about the changing trends among young people in regards to their sexual health.

"Men and women are so much more responsible about getting tested and being open with their partners," Blattner said.

All of the health experts stressed the fact that each individual needs to take responsibility into their own hands. Students who rely on their partners to practice safe sex and do not actively engage in safe sex practices themselves are putting themselves at a greater risk for STDs and pregnancy.

The next Ask the SEXperts lecture will be on sexuality and will focus on the different issues that face not only straight but gay, lesbian and transgender couples. The lecture will be held from noon-1 p.m. Oct. 21 in University Hall 337.



Photo by Ben Roffee / The Pride

Study Abroad

BY SANDA CHALMERS
Pride Staff Writer

The study abroad program at CSUSM has just added one a new opportunity to its array of international exchange programs.

Daegu University (DU) located in South Korea is offering a proposal to CSUSM students interested in studying abroad at DU by providing free housing, an opportunity to earn college credit, free tuition for one year, and complete reimbursement of roundtrip air fare, according to the new agreement signed by CSUSM President Karen S. Haynes and DU President Yong Doo Lee.

DU University and CSUSM have been working together to amplify the study abroad program and encourage more students to consider studying overseas.

"CSUSM students are awarded a scholarship that reimburses air fare, provides free housing, and pays a stipend of $125-$150 per week to those students who participate in the English partner internship program," said Jan Stockey, CSUSM's Study Abroad Advisor. "One CSUSM student reported that he actually made enough money to travel and return home with cash in his pocket."

"Daegu is a beautiful, green city surrounded by mountains," Stockey said. "It is known as a transportation hub that connects the nation and is about 75 miles from Busan , South Korea 's second largest city."

"Everyone should study abroad!" said Aeriel Poorman, a student worker at the Office of Global Education at CSUSM. "CSUSM makes it really easy to study abroad, you don't really have to do a lot, they do it for you."

The program is available for either one or two semesters, typically during the fall and spring.

All college credit earned while in Korea will be recorded on the CSUSM transcript and can be used to fulfill upper division GE and all graduation requirements. Also paid work experience is available for those who choose to help Korean students practice conversational English.

Students interested in studying abroad either in Korea or another country should contact the Office of Global Education located in Craven Hall 3200, make an appointment to meet with the Study Abroad Advisor and complete a Study Abroad Credit Approval Form to assure that students will receive the credit they want for the courses they will take abroad.

Students must be in upper division standing (60 units+), have been attending CSUSM for more than one semester, and have a 2.75 GPA or higher, according to the eligibility requirements for the DU study abroad program.

Application deadlines are typically Oct. 1 for the spring semester and April 1 for the fall semester.

For more information on the DU study abroad program and other study abroad programs go to csusm.edu/global/studyabroad.htm.

University Voice

What other degree programs or classes would you like offered at CSUSM?



"Surfology 101."

Andy Moore
Junior



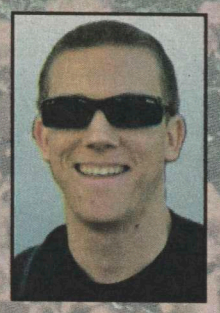
"I wish we had Industrial Organizational Psychology. Other schools have it and we don't"

Andrew Kingwell
Senior



"I definitely think we need more environmental studies classes offered here."

Cory Safford
Junior



"Entrepreneurship. I'm actually thinking about transferring to SDSU just because they have it there. I think it would be very valuable to have that here."

Chad Haertling
Junior



"I think they should separate the business department. I'm an Accounting major but it's underneath the business department and I have to do it with the business courses. I'd rather it be strictly accounting."

Lindsey Huxen
Sophomore



"I'm doing Kinesiology and they don't have an avenue for pre-Chiropractic but they have one for pre-physical therapy so I'd like to see more courses for that."

Kelly Purcell
Freshman

Photos by Ben Roffee / The Pride

Guelaguetza at CSUSM

Photos by Nick Strizver / The Pride



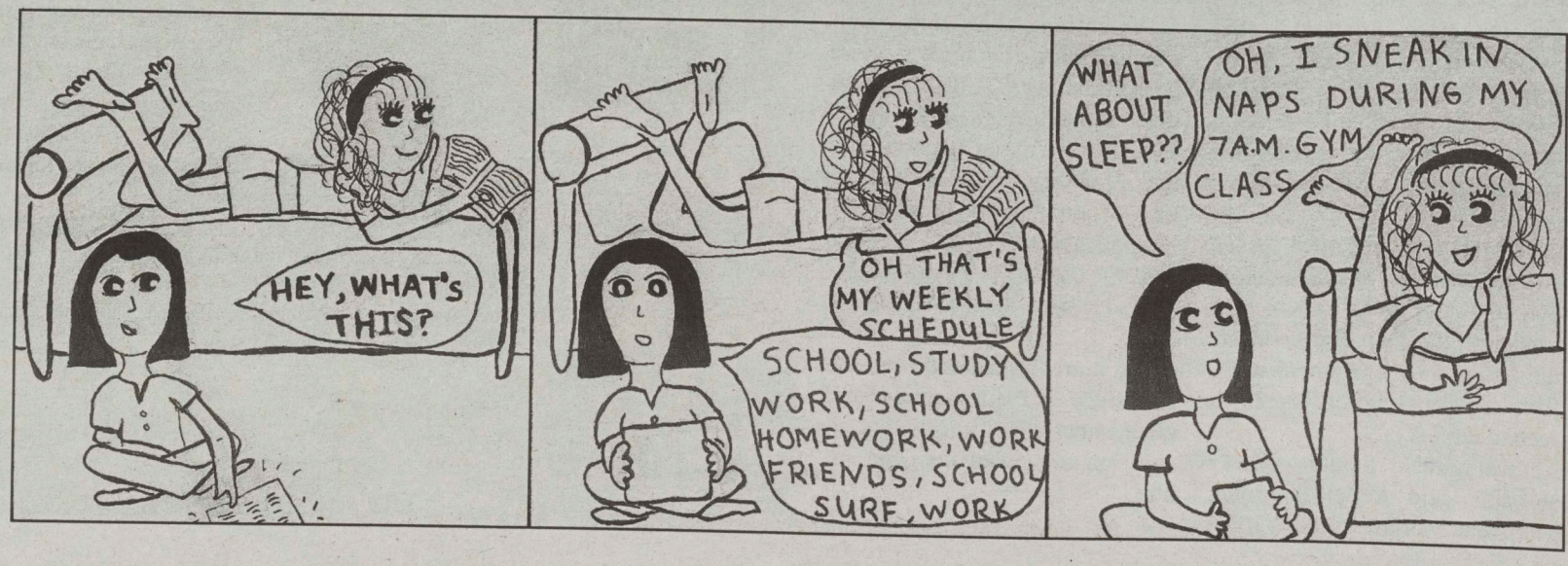






Pride Comics

Just for Shiggles By Jenny Bigpond



Closed cases



9/17/07
UVA resident reported that her ATM card was stolen from a guest of hers. Next day usage totaled $300 from ATM. Suspect was identified through ATM surveillance camera. Case was then turned over to District Attorney. Non-student Kevin Hight was issued a felony warrant and fled the county. Hight was arrested and sentenced.

4/24/08
A wallet was reported stolen from lower soccer field. The victim reported unauthorized use of credit cards. A possible suspect was identified from video surveillance. UPD issued an 'on the lookout' watch within their department. Officer Jessie Flores found and identified suspect as non-student Jherie Araos and conducted follow-up investigation. Flores contacted and confronted Araos at home and recovered Playstation 3, games, watch and sunglasses purchased with stolen credit cards. Arrest warrant was submitted and Araos is pending trial on felony charges.

1/24/08
The authorization card from inside the university bookstore was reported stolen. Officer Tim Dow conducted an extensive investigation including Internet search warrants. Upon interview and evidence obtained via search warrant, student Vanessa Barber was tried and adjudicated in court.



Ask a cop

Have any questions you'd like to ask our own University Police? E-mail your questions to psadmin@csusm.edu and a response will appear in the next issue.

Apple Bargain Bundles

Available only at the CSUSM University Store

Get $100.00 Off a Mac + Get $100.00 Off an iPod + FREE Printer

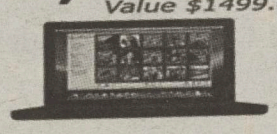
13" White MacBook
899.00
Value $1099.00
- 2.1 GHz Intel Core 2 Duo
- 1 GB Memory
- 120 GB Hard Drive
- Combo Drive



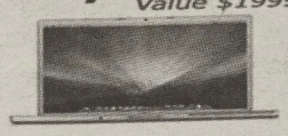
13" White MacBook
1,099.00
Value $1299.00
- 2.4 GHz Intel Core 2 Duo
- 2 GB Memory
- 160 GB Hard Drive
- 2x-layer Super Drive



13" Black MacBook
1,299.00
Value $1499.00
- 2.4 GHz Intel Core 2 Duo
- 2 GB Memory
- 250 GB Hard Drive
- 2x-layer Super Drive



15" MacBook Pro
1,699.00
Value $1999.00
- 2.4 GHz Intel Core 2 Duo
- 2 GB Memory
- 200 GB Hard Drive
- 2x-layer Super Drive
- NVIDIA GeForce 8600M GT graphics processor





iPod Classic 80 GB
$99.00
$199.00 Value



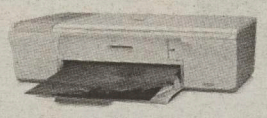
iPod Classic 160 GB
$199.00
$299.00 Value



iPod Touch 8 GB
$109.00
$209.00 Value



iPod Nano 8 GB
$49.00
$149.00 Value



HP Deskjet F4280
- All-in-One Printer Scanner & Copier
$79.95 Value

Cal State San Marcos University Store

Limited to stock on hand, no other discounts apply. In store purchase only. Must have current CSUSM I.D.

Poet's Corner

Write, read, think, enjoy

The Unfeministism

BY KIMBERLY KOGA

The applications I want don't belong to this manual, but rather the "esquire book for hosts," "Emily Post," or something like that that tells the story of cocktail hour rituals in the 1950's. I really do love the full skirts that sit at the waist. People laugh at me when I tell them what I want, but what they don't realize, and it took me a while to realize too, is that it is all in the choice.

1. Ritani signature
2. Wedding dress
3. Garden/house/dog
4. A bikini
5. Sunlight
6. Narcissus + roses sans spiders

I dig on dresses and heels and mohawks and the housewifelife. Mothers tell me that they are bored with cooking dinner. "Do you know how much work that is?" But they also complain that they have to cook dinner *and* clean house, because they've fired the help—they need a new bedroom cause hubby snores too loud, and the kids don't help enough. They complain that their lives strain over the work and responsibility but when the truth comes out, we find,

It is all a lie.
I want a career INSIDE the house, and I'm exhausted by the past 10 years of unreliable people and things in my life ... I bake: cookies, cakes, casseroles, legends of mothers and wives and families, legends of the unfeministism in me.

Women tell me of their careers, they emphasize, CAREERS, wealth, singularity via the glass and paper,

1. Fight the paper
2. Love the glass
3. Wealth is colored paper

= the idea

Power suits
Power lunches
Power walks
Power papers
Power keys
Powder kegs

I want a life in poetic terms.

wife, mother, homemaker, writer, artist, publisher, editor, wife, baker, housekeeper, gardener, photographer, wifestylist, interiordesignator, welder, wife, internationalequator

They tell me, "it's okay" and "you're too young to feel this way" I want an eternal bed for my exhaustion to rest in. Yeah, these mops get to me once in a while and I want to put the valise in the trunk and book it to North Carolina.

Julia keeps complaining that I don't give her enough attention. All my kids have left home, there're the beds, the toys, the clothes, all gone to the thrift store. The empty nest syndrome. The twigs snap under feet, and Julia calls I don't get the phone. Long distance relationships never seem to sustain us. The broken tree. The senior dance was never what she'd hoped it'd be. Julia still can't let go. Twenty years on and I still have to hang up when she broaches the subject.

They think I'm weak willed as my idealistic unfeministism doesn't rely on an indirectional approach. The unseemliness that they desire behind the door is what drives them. They argue at my loss of freedom. I let them speak.

Secretly my loneliness is devastating. But they do not want to hear why. The naked ladies in the garden reflect the pinkening sky. Sunsets offer their brilliant color because we are pollutants. I keep my toe nails red in any case.

My plethora of dresses gathers dust year round. When I sleep I dream of the lattice pie cooling June Cleaver style on a window still.

I call but leave messages on the answering machines.

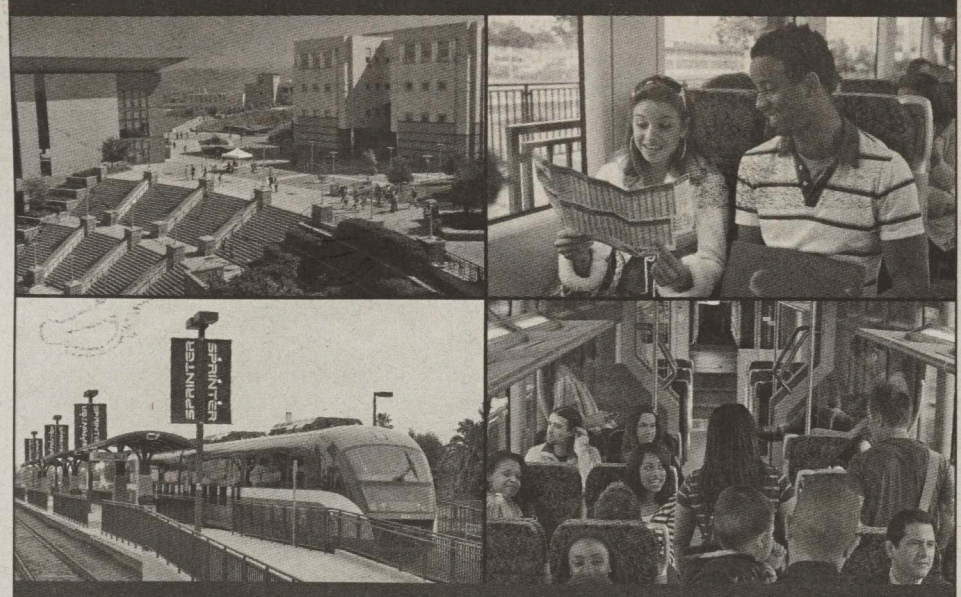
Joan likes to lick ice sculptures. I disagree. The most intimate moment comes from the application of tiger balm to the glove. Joan licks the ice anyway—she's never listened. My tongue left pieces of itself when I explored her florid technique. I'll stick to the tiger balm.

The most I need lies within the unwritten unfeministism. The social cues are no longer existent. I keep hearing that I am headed for divorce, although I have never been married. But I have had several half-assed proposals. I am a pet groomer at heart.

They never want to discuss my aspirations anymore, they've laughed hard enough, thank you.

Ambition is not a substitute for love. They tell me that I must refrain from sentimentality, marriage is a fortress that we must escape, I am under the thumb of archaic idealism. But what they cannot comprehend is that I am the deluging force of a secret tide: unfeministism . . .

College Can Be Difficult.
Getting Around Shouldn't Be.



Why not leave the driving to us and hop aboard the SPRINTER and BREEZE? NCTD's transit services are cheap, convenient and best of all: stress free.

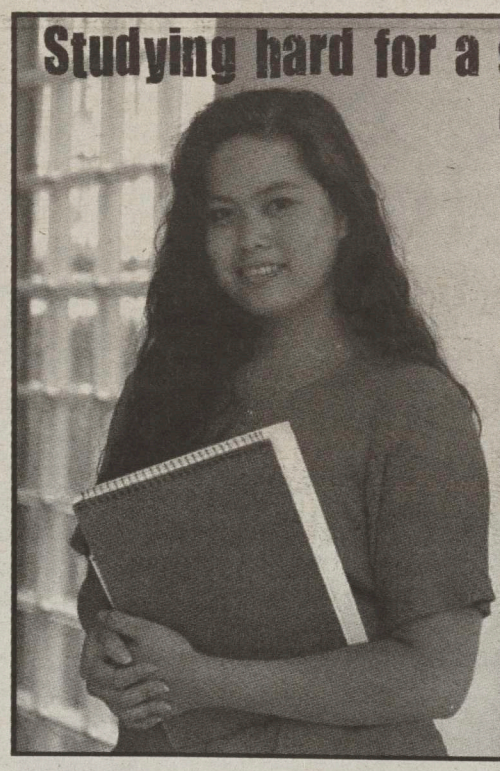
BREEZE
SPRINTER

Your Connection to Campus

Purchase your discounted **Cal State San Marcos $49 SPRINTER/BREEZE monthly pass** from **Parking and Transportation Services** (FCB 107) beginning the 25th of the month.

NORTH COUNTY TRANSIT DISTRICT GoNCTD.com ☎ 511

Studying hard for a successful future?



How does a pregnancy or STD fit into your plans?

Make informed, healthy, confident choices.

Call BIRTH CHOICE
real answers. real help.
760.744.1313
birthchoice.net
277 S. Rancho Santa Fe Rd. San Marcos 92078

- pregnancy tests
- pregnancy options & abortion counseling
- STD education & prevention
- support services

NYPD PIZZA

DINE IN
CARRY OUT
DELIVERY
CATERING

MONDAYS 99¢ Specialty Slices
2 for TUESDAY* Buy a Pizza, Get pizza *Ask for details
WEDNESDAYS 99¢ Specialty Slices
THURSDAYS Drink Specials

AN ARRESTING TASTE OF NEW YORK
PIZZA, WINGS & MUCH MORE

VOTED BEST PIZZA IN SAN MARCOS, CINCINNATI ALBUQUERQUE & ORLANDO!

760-744-9111
591 Grand Ave • San Marcos, CA 92078

HOLLOWELL GOES TO TENNESSEE
OC rock band tours the Country scene

BY ADAM LOWE
Pride Staff Writer

Local OC band, Hollowell, who has toured the world, including three tours overseas for our troops, was given the chance to play an industry showcase in Nashville, Tennessee and lucky me, I was brought along for the ride. Some of the events that occurred were crazy, some mellow, but most were hilariously memorable.

We began on Friday, the 12th in the afternoon. Consequently, this was around the same time as the tragic Metrolink collision.

Allow me to offer my sympathy to anyone with family or friends involved in that horrible accident.

So as we worked between packing the van and watching the news, we realized it was time to head out. We were finally on the road by 6pm, and were pretty excited for the events to soon unfold, but not about being in that van for 4,000+ miles.

What gave us the necessary encouragement, however, was the idea of country-wide fans cheering the band on. So into the night we drove.

We pulled into Amarillo, Texas in the early afternoon on Saturday.

As we ate lunch, we asked the waitress if any bars in the area had live music. Iris told us of a few places; so after lunch, we set out to find a show to play. One bar had promise, but fell through.

Finally, we drove up to Hoots Pub and saw a band unloading their gear, and decided to give it a shot. "Hey! You guys interested in an opener?" Joe offered. Without asking what kind of music, or to hear the music, the Tommy Gallagher Band, the big cheese in town, welcomed us, and were stoked to have us play.

Hollowell took the stage and completely rocked. In such a country-music oriented town, for a rock band from OC to come and tear up the stage with original music and phenomenal covers, it was amazing, and the crowd response was inspiring.

After finishing their set, the owner of the bar, along with at least ten other individuals from around town, invited Hollowell back for a tour of the bars and clubs in the area. Hollowell rocked Hoots Pub, got paid – which was unexpected but appreciated – packed up the gear and headed back out on the road to Nashville.

We stopped in Memphis for lunch on Sunday. The sights are amazing, the people are kind, and the entire atmosphere is intoxicating.

After lunch, we walked around town for a little bit, saw a live band playing, which was truly awesome, in the original sense of the word. We were going to visit Graceland and be tourists for a bit, but I guess it's closed on Sunday evenings.

We enjoyed the city, nonetheless, and then traveled on.

We drove into the downtown district of Nashville around 6pm that night. Before deciding to find a cheap hotel to actually sleep for the night, we drove around, looking for the place we'd be going the next morning for the showcase, RocketTown, a cool little club in the heart of the city.

The next morning, after some much needed sleep, we headed over to RocketTown. We heard a bunch of bands that were less than pleasing; some who were decent.

Their time came to play and Hollowell opened with "Naked," the first track off their EP, *Are You Waiting?*, followed by the ever melodic tune, "Emily," and they closed the showcase with the most excellent revamped version of their monster ballad, "Safe."

They brought down the house with these three songs. But in the opinion of the three representatives at the showcase, there were things they could work on as a band. So with their polite criticism, we decided to grab some genuine Tennessee BBQ before heading back on the road.



Photo by Adam Lowe and Hollowell

The long drive home was shorter than the initial drive, and we made it back by Tuesday night – a quick 2,000 miles if you ask me.

Looking back, there are amazing things we all learned. We made amazing contacts in Texas and are planning another tour there very soon. We met very talented musicians from all over the country.

Most importantly, though, we learned that no matter what, it's important to hold on to your dreams. Whether people love or hate you, if you keep your dreams close, you will one day reach out and grab them.

If you want to know more information about Joe, Justin, Matt and Dusty of Hollowell, check out their website www.HollowellMusic.com or visit their Myspace page www.Myspace.com/Hollowell as it will be more often updated with information about shows and merchandise.

Check them out, give them a listen, and perhaps even buy their music on iTunes.

Lourdes
Authentic Mexican grub

Eat of the Week

BY SANDRA CHALMERS
Pride Staff Writer

Parents won't let you go to Tijuana? You don't have to cross the border to get some authentic Mexican grub, Escondido is hiding one of the best Mexican food restaurants in North County.

Though notorious for having a vast sea of Mexican restaurants, Lourdes in Escondido stands well above the average Alberto's taco shop.

Lourdes, Located between Escondido Blvd and 7th Avenue, serves the "Best Chicken Soup in Town," as their slogan says.

Lourdes serves burritos, carnitas, and yes, the very best chicken soup in town.

Lourdes is a family operated restaurant and that family feel definitely transcends into their food. Lourdes's chicken soup can be described as a comfort food. Served with sliced avocado, tender chicken and your choice of corn or flour tortillas, the soup is an excellent meal that tastes home made.

Just like watching the Price is Right in the morning when you're sick, Lourdes chicken soup is a perfect comfort food to help you feel better.

The menu is full of traditional Mexican meals, taquitos, soft tacos, carne asada burritos, and quesadillas. Though they all seem quite ordinary, these meals are uniquely made with hints of true Mexican flavors.

Ingredients such as crispy tortillas, freshly made salsa and hints of lime flavoring all add to the unique recipes that Lourdes uses to create great, authentic Mexican food.

Lourdes's appeal as a restaurant doesn't come from a fancy menu or fancy décor inside, it has become famous through its reputation of good food.

Del Taco, La Salsa, nor Santana's can compete with the authenticity of Lourdes. Lourdes isn't a chain restaurant, you won't find one anywhere except Escondido. Lourdes has charm and character that other Mexican restaurants cannot reproduce.

So, if you are looking for some friendly authentic Mexican grub, you can find it at Lourdes.

Jolly Rodger Amber Ale

Beer of the Week

BY JONATHAN E. THOMPSON
Pride Staff Writer



Brothers Adrian, a Senior Business Major at CSUSM, and Brandon Sieminski brew and bottle homemade crafted Jolly Rodger Amber Ale out of their home in San Marcos, California.

Both brothers consider themselves beer enthusiasts. After a recent trip to Europe, they decided to try the art of home brewing. They also credit the local brewing scene in San Diego as another influence.

With only five months of operating out of their home, the two have produced many batches including Jolly Rodger. They plan to produce more batches and work on the art of craft brewing. If possible, they would eventually like to expand their home setup to sell to the public, as many breweries have done in the past.

The adventure began with a visit to Greg Koch, chairman and CEO of Stone Brewing Company located in Escondido, California. He referred them to Home Brew Mart in San Diego, California. The company's website www.homebrewmart.com offers information and products for home brewers.

Recently, the brothers began buying their supplies from Hydro Brew in Oceanside, California because of the closer location.

The brothers utilize a self-constructed mash and lautertun all grain system that cost under $1,000. The system produces up to 5 gallons per batch, or 26 bottles containing 22 fluid ounces of brew. The process takes about 3 weeks.

The raw materials required to produce each batch, from ingredients to bottles, runs about $30. $30 might buy five bottles of beer at a retail store such as BevMo.

A semi thick fluid pours from the dark brown glass bottle featuring a black and white label with a dead pirate and his swords.

The amber ale produces a half-inch thick head that resides to a yummy frothy foamy layer releasing a light sweet scent while radiating a beautiful orange and brown coloration. The beer comprised solely of malt, hops, and yeast, enters the mouth in full battle mode as a strong surge of flavor ravishes the mouth.

A tingly bitter second attack ensues. The full-bodied brew leaves a slight residue on the tongue encouraging further consumption.

Adrian recommends enjoying the brew on a hot day to cool down. The beer should pair well with most chicken and beef dinners.

"The satisfaction of enjoying a beer that you made yourself is amazing," says Adrian. Contact Adrian at adriansieminski@yahoo.com. Cheers!

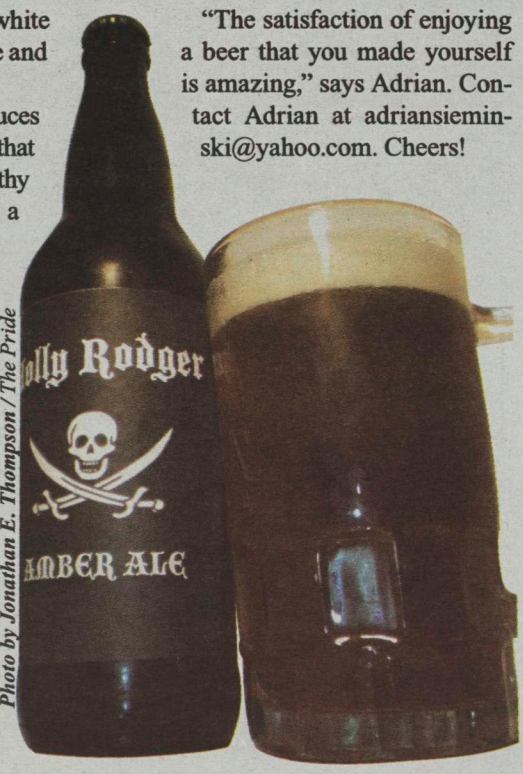


Photo by Jonathan E. Thompson / The Pride

EAGLE EYE

BY PRISCILLA GEORGE
Pride Staff Writer

"Someone is always watching you. Someone can control your surroundings and manipulate you."

These concepts were first seen in George Orwell's book 1984, and are now the basis for the movie Eagle Eye, which is directed by D.J Caruso and produced by Steven Spielberg.

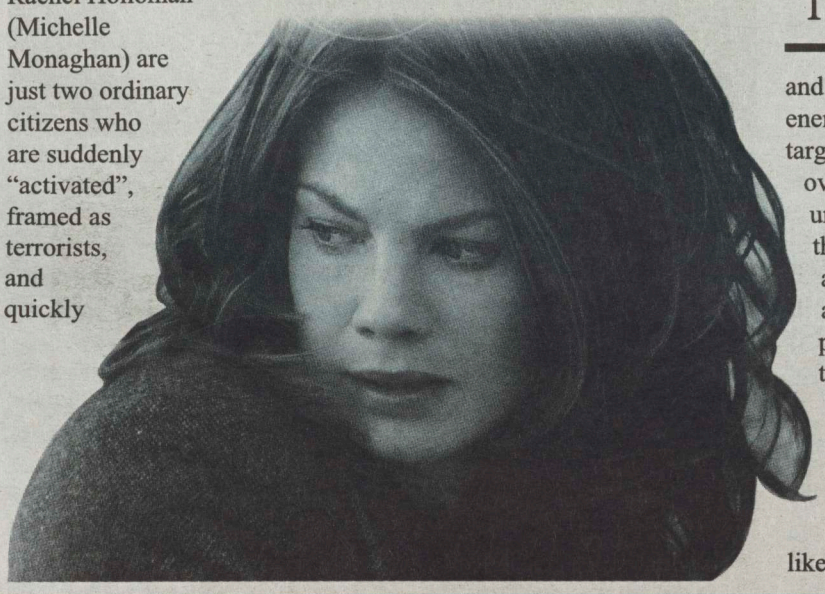
Jerry Shaw (Shia LaBeouf) and Rachel Holloman (Michelle Monaghan) are just two ordinary citizens who are suddenly "activated", framed as terrorists, and quickly become the top two on the nations' most wanted list.

With an unknown caller dictating their every move, the two are forced to protect their lives and family by performing dangerous acts without questions. Precise timing and complete obedience are key to their survival.

The penalty, death.

Disobeying is tough and near impossible, especially since their surroundings are eerily manipulated to control their actions and suit the caller's particular needs. No matter where they go or what they do, Shaw and Holloman can not escape the callous, cryptic caller.

In this race against all odds and an untouchable, mysterious enemy, these two unfortunate targets must work together to overcome all obstacles and unravel the truth. But what they discover is bigger than anyone could have predicted and taking down this particular enemy will require team effort and selfless sacrifice.



Precise timing and complete obedience are key to their survival. The penalty, death.



Images retreived from Dreamworks Pictures

Eagle Eye is insanely intense with an intricate but easy to follow plot.

Basically, the movie is like a merge of I,Robot and Live Free or Die Hard. Other than one small scene that has some off-color language near the beginning, the rest is pretty clean, action packed and fast paced.

This action thriller is full of nail-biting, "on the edge of your seat" thrills and suspense. In addition, it is comprised of spectacular visual effects, hand to hand combat and, of course, tons of car crashes and fiery explosions.

The characters, a secluded slacker and a struggling single mom, are very real and brilliantly portrayed. If you love action, suspense and thrills, I totally recommend this movie. I really enjoyed it.

Eagle Eye is rated PG-13 by the MPAA, has a running time of 118 minutes, and came out in theaters last Friday, September 26th.

DROPPING: Tuesday, Sep 30

DVD RELEASES

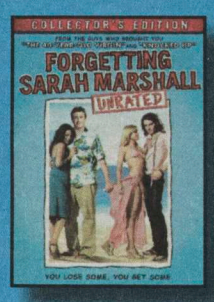
By Bill Rhein / Pride Staff Writer



IRONMAN

GRADE: A-

This was certainly one of the best movies of the summer. Robert Downey Jr. leads an excellent cast in this movie about a billionaire becoming a super hero. It is pure entertainment with a good story and great action for all.



FORGETTING SARAH MARSHALL

GRADE: B

Judd Atapow leads his team of actors into another raunchy comedy, this time about a bad break up. Though there are laughs to be found, this is a very crude movie made for men.

CD RELEASES

By Joseph Deragish / Pride Staff Writer



FOLK / ROCK

Fabled City

THE NIGHTWATCHMAN

The politically minded, acoustic strumming guitarist Tom Morello returns with his sophomore disc of folky, bluesy rock. The Rage Against The Machine guitarist gone singer songwriter has said this record will be a much "fuller" affair than his previous effort, adding in electric guitar and guest vocals to his minimalist sound.



RAP

Paper Trail

T.I.

This rap superstars 6th record is sure to be a hit, touting high profile guest spots such as Ludacris, Rihanna, and Usher. He has released 6 singles for the album, which is finally going to hit record shelves this week.



PIANO ROCK/INDIE

The Glass Passenger

JACK'S MANNEQUIN

It's been three years since indie heroes Jack's Mannequin released their debut album. Their new effort sticks close to their formula of passionate, piano led tracks, but with more mature lyrics and improved songwriting.



CLASSICAL / ROCK

Way To Normal

BEN FOLDS

Multi-instrumentalist Ben Folds returns with his fifth album of wacky rock compositions. Fans will be glad to know that this album is the real deal, not the fake album Folds leaked onto the internet himself months ago. His complex, story driven songs are a breath of fresh air into the mainstream music scene.